

# Yummy, Yummy

## Chorus

Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so satisfied  
Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so good inside

## Verse one:

I'm eating some breakfast and growing  
strong  
Eating some fruits and singing a song  
I'm eating some eggs and toast too  
Choosing good food for me and you

## Chorus

Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so satisfied  
Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so good inside

## Verse two

I'm eating some lunch and growing  
strong  
Eating some soup and singing a song  
I'm eating some salad and a sandwich  
too  
Choosing good food for me and you

## Bridge

Why eat too much when a little will do  
It fills you up when you chew, chew,  
chew

## Chorus

Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so satisfied  
Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so good inside

## Verse three

I'm eating some dinner and growing  
strong  
Eating some meat and singing a song  
I'm eating my vegetables and pasta too  
Choosing good foods for me and you

## Chorus

Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so satisfied  
Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so good inside

## Verse Four

I'm eating my snacks and growing  
strong  
Eating my carrots and singing a song  
I'm eating cheese and crackers too  
Choosing good foods for me and you

## Chorus

Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so satisfied  
Yummy, yummy, yummy, healthy  
food in my tummy  
And I feel so good inside

