

# Sometimes Food

**Chorus:**

You know there are things called  
sometimes food  
These are the foods that you're careful to  
choose  
A little of this sure is nice  
But before you eat a lot, you'd better  
think twice  
Watch out ...and make it...sometimes  
food  
Watch out.....It's sometimes food!

**Verse One**

Cookies and ice cream, cake and pie  
Candy and chips, and hot French fries  
Soda pop and pizza, cupcakes too  
Buttery popcorn, be careful what you  
choose

**CHORUS**

**Verse two**

Jelly beans and lollypops, frozen  
popsicles  
Nachos and dips and even sour pickles  
Onion rings and soft drinks  
Doughnuts and jelly  
Salt and sugar, what's in your belly?

**CHORUS**

**Verse One**

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**Verse two**

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Salt and sugar, what's in your belly?

**CHORUS**

**Watch out!**

