



Sing Along!

Do the Turtle

When I'm mad or sad or blue,
And I don't know what to do,
I do the turtle, do, do, do,
I do the turtle, do, do, do.
When the world's too much for me,
When I need to stop and think,
I do the turtle, do, do, do,
I do the turtle, do, do, do.
I pull inside my arms and feet,
Calm myself and breathe real deep,
Think of other words to use,
Then I'll know just what to do.
I do the turtle, do, do, do,
I do the turtle, do, do, do.

