

Count the Moves

Come on, let's do the counting song...

1, 2, 3, 4, 5

Now everybody can count to five

6, 7, 8, 9, 10

Let's count our numbers and start again

1, 2, 3, 4, 5, 6, 7, 8, 9, 10

Hop 4 times and march to 8

Flap 3 times and

March again

March 4 times and march to 8

Flap 3 times and shake, shake, shake

Let's count with the frog again

1 jump, 2 jump, 3 jump, jump

4 jump, 5 jump, 6 jump, jump

7 jump, 8 jump, 9 jump, jump

10 jump, 11 jump, 12 jump, jump

Clap your hands once

Clap your hands twice

Clap your hands 3 times

Now that's real nice

Let's not stop. March with the beat

Now march, march, march

1 march, 2 march, 3 march, march

4 march, 5 march, 6 march, march

7 march, 8 march, 9 march, march

10 march, 11 and, 12 march, march

Keep it up

Now flap like a duck, flap, flap, flap...

1 flap, 2 flap, 3 flap, flap

4 flap, 5 flap, 6 flap, flap

7 flap, 8 flap, 9 flap, flap

10 flap, 11 flap, 12 flap, flap

Clap your hands once

Clap your hands twice

Clap your hands three times

Now that's real nice



For the Teacher:

The song, *Count the Moves*, gets the heart pumping and the brain connecting! The rhythm, rhyme and repetition of this song encourage development of language skills. You can use the separate verses of the song to help children develop number concepts. Children will enjoy the challenging fun – time and time again.

Goal:

The children will actively participate in an activity to develop gross motor skills and practice listening to directions and following along, as they pretend to move like animals by marching, jumping and flapping.